

Report: Training program for students on “Interpersonal Effectiveness and Team Building”

As a part of Finishing School activity, Training & Placement Office had organized a 3 day training program for final year B Tech students on “Interpersonal Effectiveness and Team Building” on 23 – 25 March 2018.

The pedagogy of program included group exercises, self learning activities, case studies, etc. From all 3 final year classes, around 35 students participated in this program. The faculty members for this training were as follows:

1. Mr. Rajesh Kini, Vice President, BNP Paribas,
2. Mr. Anil Patil, L & T Engg (Retd.) and
3. Dr. Rahul T. Dahatonde, SPCE, Mumbai.

The first day started with an introduction which was presided over by Principal of the college and the faculty of the day Mr. Anil Patil. During the inauguration, students shared their expectations from training.



Inaugural Function

The inaugural session was followed by an outdoor activity ‘Micro-lab’ where the participants got an opportunity to interact and understand each other. Post this introductory activity, Mr. Anil Patil conducted two sessions respectively, on ‘Enhancing Personal Effectiveness’ and ‘Change Management’.



Micro-lab Activity

The first day concluded with a session conducted by Dr. Rahul Dahatonde on 'Human Relations and Nature of Man'. In this session the concept was explained with the help of a group exercise. The session was followed by an interaction about learning form this session and feedback from participants.

On the second day, Mr. Rajesh Kini conducted two consecutive sessions, respectively on 'Leadership Vs Management' and 'Skills Genie to achieve Success'. In these sessions he highlighted why it is important to be a leader than to be a manager to be successful in corporate ladder. Mr. Rajesh also guided students about the skills they need to learn to make their transition from campus to corporate smooth. He also discussed the differences between job and career and advised students to focus on building a career than running behind a job and notion about starting salary. All the three sessions conducted by Mr. Rajesh were quite useful to the students. The second day concluded with a group exercise conducted by Dr. Rahul Dahatonde on 'Conflict Management'.



Group exercise on Conflict Management

In this session, various aspects, reasons for conflict were discussed. Students worked on a task to understand two different, modern and traditional view of conflict. They also studied various methods to resolve conflict. This session gave an important insight to students about conflict management.

On third day, Dr. Rahul Dahatonde conducted field activities to make students understand importance of team building and working in teams in professional organizations.



Team Building field activity

He also conducted another activity based on the concept of 'Prisoner's Dilemma' to teach students the inter- and intra-team decision making process

At the end of the training, the participants had to answer a questionnaire on change in their attitude and mindset after the training. In this attitude survey questionnaire almost all the students could find drastic change in their thought process. The feedback from participants was also very encouraging. Throughout the training days, participants followed self discipline of not using mobile phones during the sessions.

Each participant was awarded certificate of participation after successful completion of the training. Overall, this was a value adding, memorable and rewarding experience for the participants.



The excerpts of the feedback of the participants are given below:

Overall feedback about the program: Such programs play a vital role in an individual's career. I personally look forward to attend many more throughout my life to achieve success in all dimensions of life.		Signature & Date: [Signature] [25-03-18]
Name of the Respondent (Optional): KAUSTUBH LUNAWAT		
[- Rahul Sir, your way of teaching, involvement level, and sense of humour makes it more fun.]		
Overall feedback about the program: It was really awesome. One of the best programs I have attended in my life.		Signature & Date: [Signature] 25-3-2018
Name of the Respondent (Optional): Akshay V. Khairnar		
Overall feedback about the program: It is very well planned & executed. & Thanks a lot to Dattatraya Sir.		Signature & Date: [Signature] 25/3/18
Name of the Respondent (Optional): Swapnil Bardgar.		
Overall feedback about the program: The programme was one of the best programmes in SPCE. Thanks to Dr. Rahul sir for taking such efforts for us.		Signature & Date: [Signature]
Name of the Respondent (Optional): Salman S Khan.		
Overall feedback about the program: Never have I attended a more life changing program than this one. It has revealed my flaws, my strengths, it has given me invaluable experience, and it has actually given me ways to improve myself. Thank you Sir.		Signature & Date: [Signature] 25/3/18
Name of the Respondent (Optional): ANAY KAKADIE		